



United States Department of Agriculture

Food and Nutrition Service

Fruits

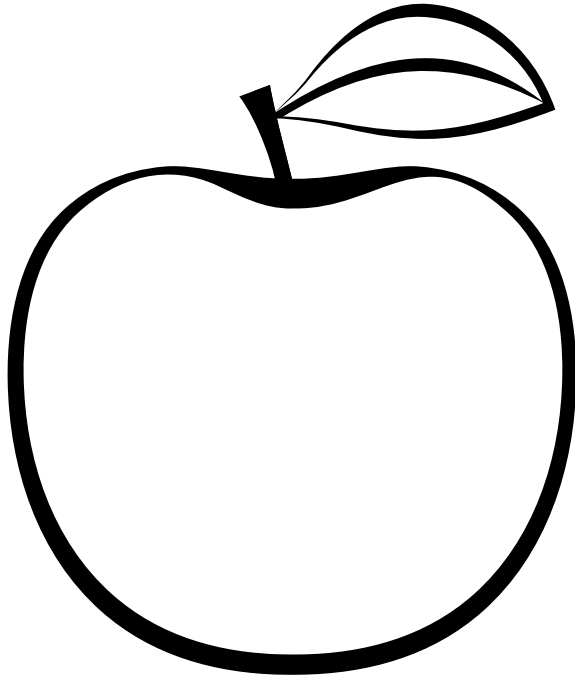
**Farrah
Fruit**



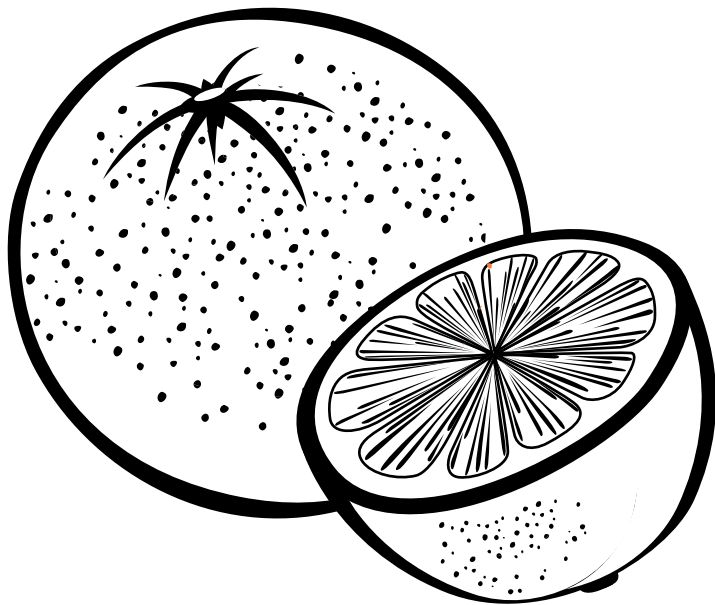
Sight words: **the, is, eat, are, I**



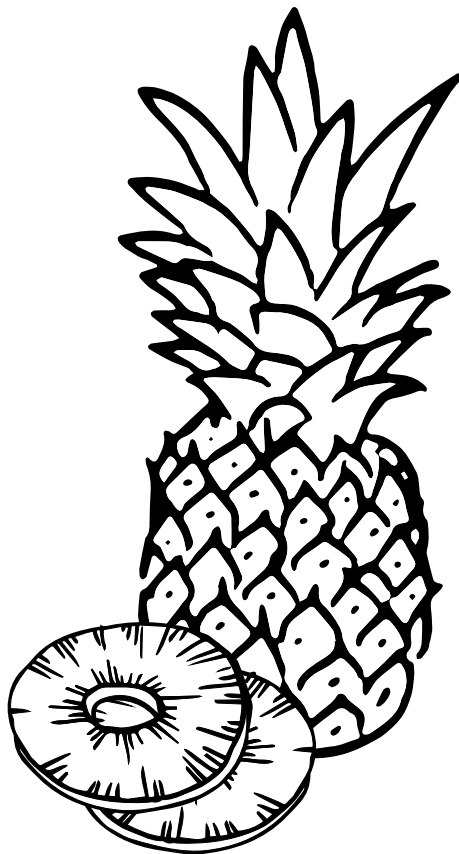
This book belongs to:



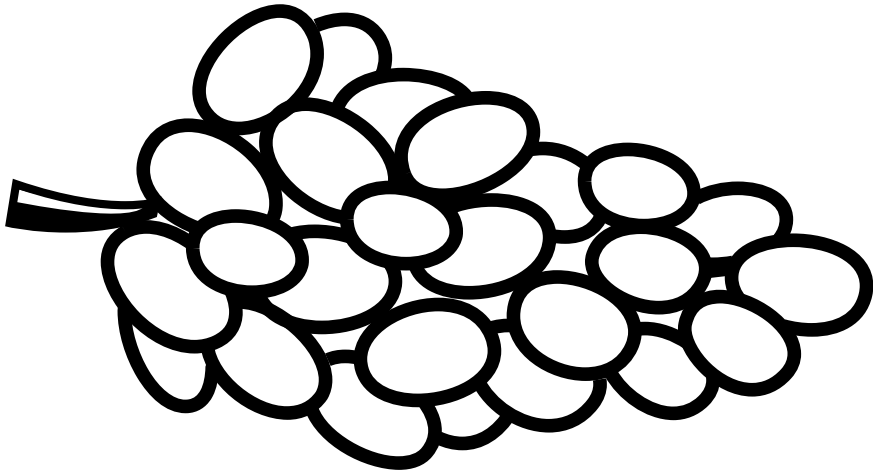
The apple is red.



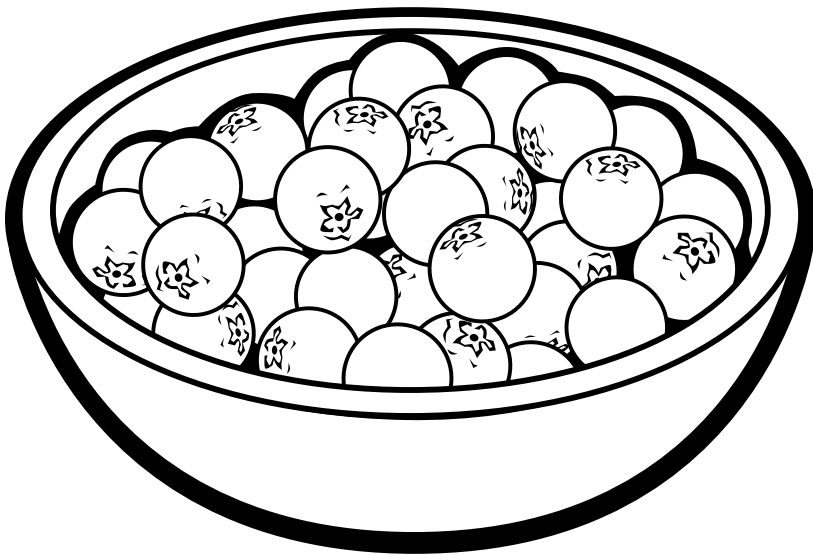
The orange is orange.



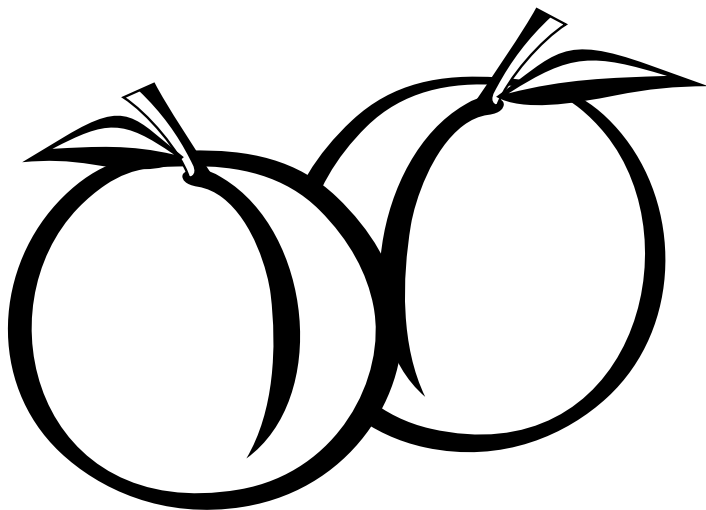
The pineapple is yellow.



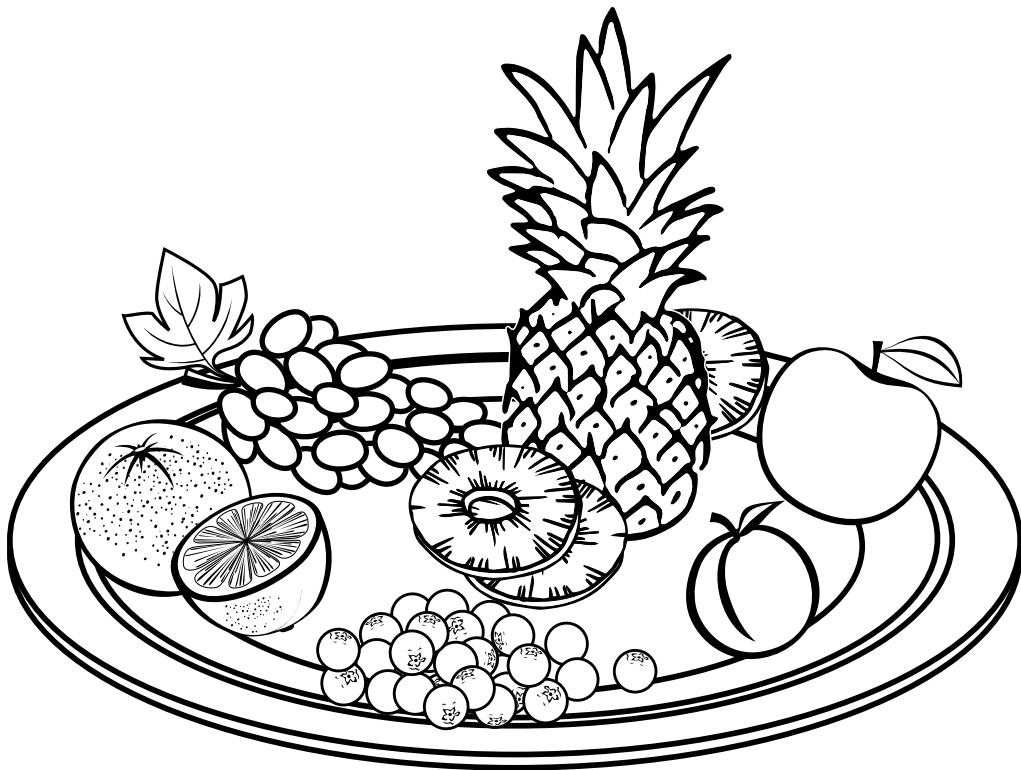
The grapes are green.



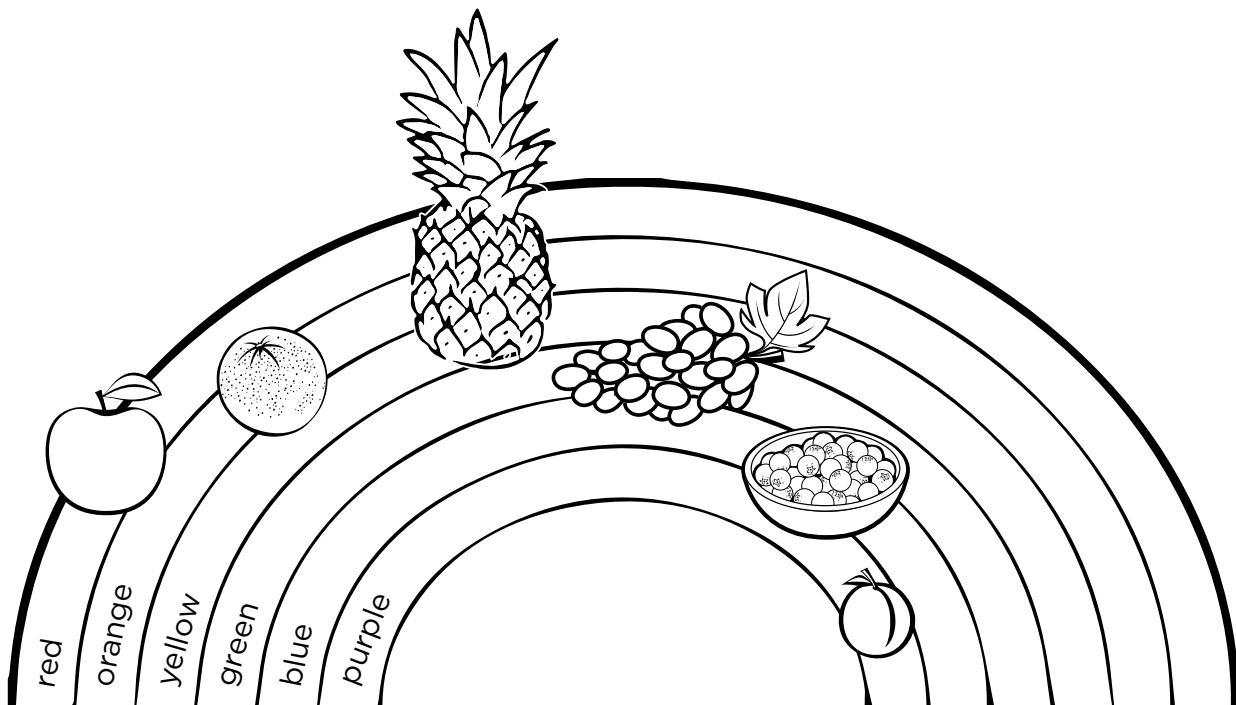
The berries are blue.



The plums are purple.



I eat fruit.



I eat a rainbow. Yum!





Discover other nutrition education materials developed under the U.S. Department of Agriculture's Team Nutrition initiative at:
<https://teamnutrition.usda.gov>.



May 2014 • FNS-474B

Slightly Revised in May 2018

USDA is an equal opportunity provider, employer, and lender.